



Exporting Baltic Nature Tourism to UK NAT-TOUR-EXPO

Asnate Ziemele

Baltic Country Holidays

Interreg



Co-funded by
the European Union

Central Baltic Programme

NAT-TOUR-EXPO

October 19, 2023



WHO WE ARE

Professional Association in tourism,
founded 1993, staff ~11

Roural tourism product development,
marketing, lobbying.

Members ~400 rural entrepreneurs:

- accomondation and catering businesses;
- producers of food and beverages, artisans;
- active and nature tourism service providers.



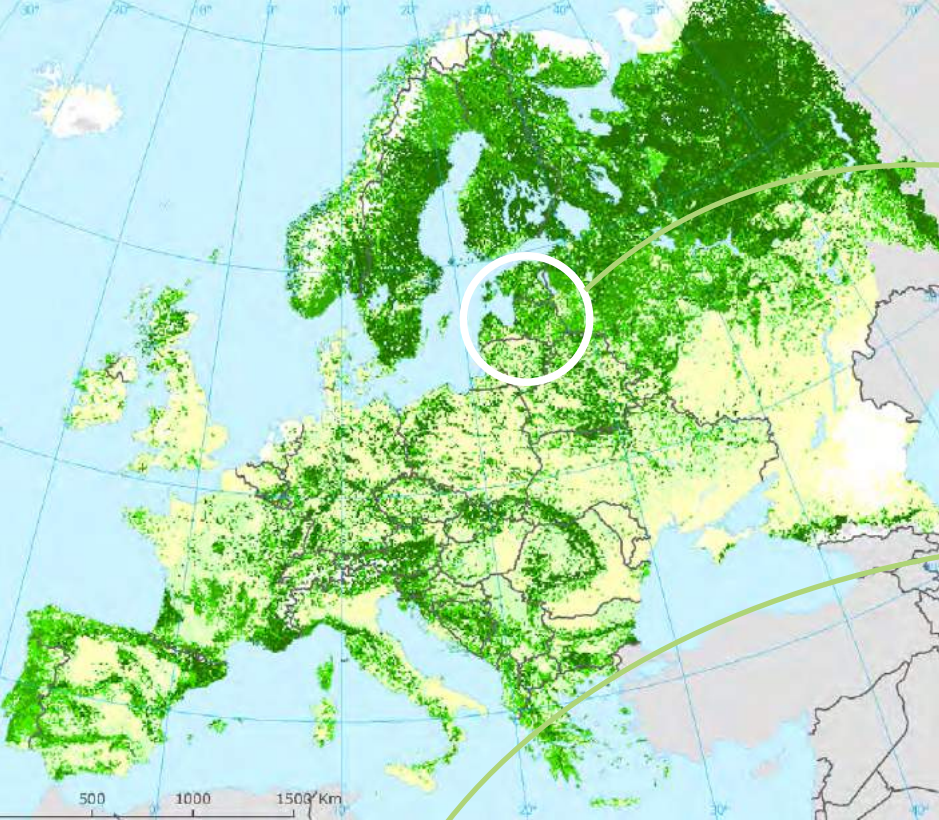
WHY NATURE TOURISM?

- Local economic development
- Health benefits
- Sustainable tourism
- Environmental education



WHY BALTICS?

- Natural nature
- Low population
- Open spaces



PRODUCTS AND SERVICES



WILDLIFE WATCHING

ACTIVE TOURISM

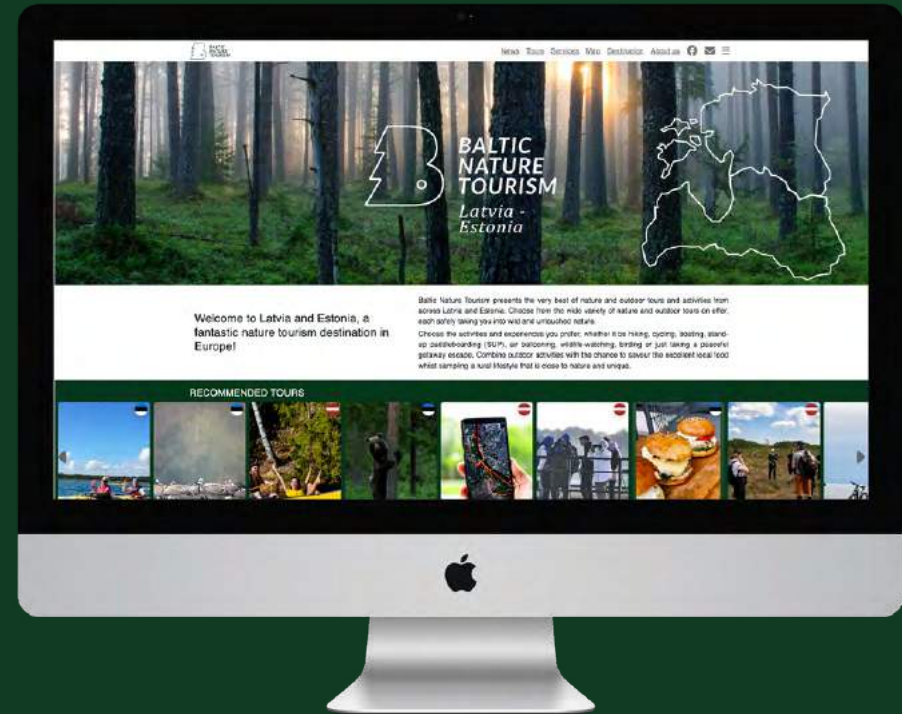
SOUL TOURS

FOOD AND FORAGING

NATURE EDUCATIONAL

NATURE CAPTURE

NATURE EXTREME



www.balticnaturetourism.com



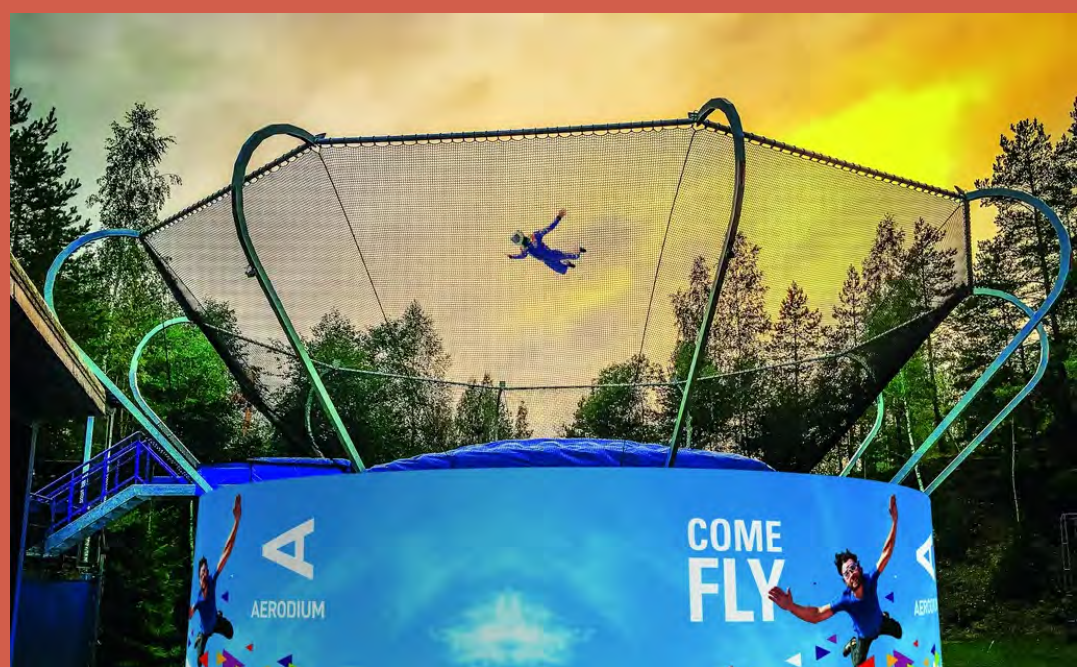


SOUL TOURS



FOOD AND FORAGING

NATURE EXTREME





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Brown Bear Watching from a Hide

Mammals watching

ABOUT

Spend a night at our Brown Bear and wildlife-watching hide. Situated in Alutaguse, an area covered with western-taiga forests and vast bogs in Northeast Estonia, it is home to about half of Estonia's 1000 Brown Bears. The hides have windows on both sides offering a view of the taiga forest and a stream and flooded meadow. Here you can spot a variety of wildlife such as raccoon dogs, elk, wild boar, roe deer, and otters. You can also listen to the soundscape of the surrounding wildlife through the sensitive microphone outside the hide.

www.facebook.com/natourest

[Request a Tour](#)

TOUR PROFILE

Duration 1 day

Distance 1,7km

Season Spring, Summer, Autumn

Location Tudu (Lääne-Virumaa)

Price 115 €/person

Difficulty ●

Who can participate? Individuals, Groups (max 16 persons) minimum 2 pers.

PRACTICAL INFORMATION

NaTourEst

[More about OÜ Natourest](#)

Website: natourest.ee

Reservation: bert@natourest.ee

EXPLORE SIMILAR ACTIVITIES

7 days

4,5 hours

7+ days

5 nights/6 days

4-7 days

2-3 hours



Hiking with a Taste



Wild foods

Hiking/walking


Foraging

ABOUT

Join for a 6-hour culinary adventure in nature! We'll start the day with a delicious breakfast and coffee an hour away from Riga. After hiking for 2-3 hours, taking in the stunning scenery and enjoying a picnic if we feel like it, we'll find a spot in nature to cook up 5-6 different dishes and a mouth-watering dessert. With the guidance of our skilled chef, we'll use the natural surroundings to create a unique culinary experience. This adventure is perfect for foodies who want to learn new cooking techniques and enjoy delicious food in a beautiful outdoor setting. Don't miss out on this unforgettable experience!

 www.facebook.com/gatavodaba

 www.instagram.com/renarspurmalis

 [Request a Tour](#)

TOUR PROFILE

Duration 6 hours

Distance 4-10km hike + cooking together

Season Spring, Summer, Autumn, Winter

Location Gauja National park

Price 60-100 EUR/person (depending on concept)

Minimum charge for Private tour: 650 EUR

Included in price: Guided tour, hiking, food, all equipment for cooking, products

Not included in price: Transport

Difficulty ●

Who can participate? Individuals, Groups (max 100 persons) minimum 2 pers.

PRACTICAL INFORMATION

Pick-up is possible on request

Notes The location varies.

GATAVO DABA
RENARS PURMALIS

[More about SIA GATAVO DABA](#)

Website: www.gatavodaba.lv

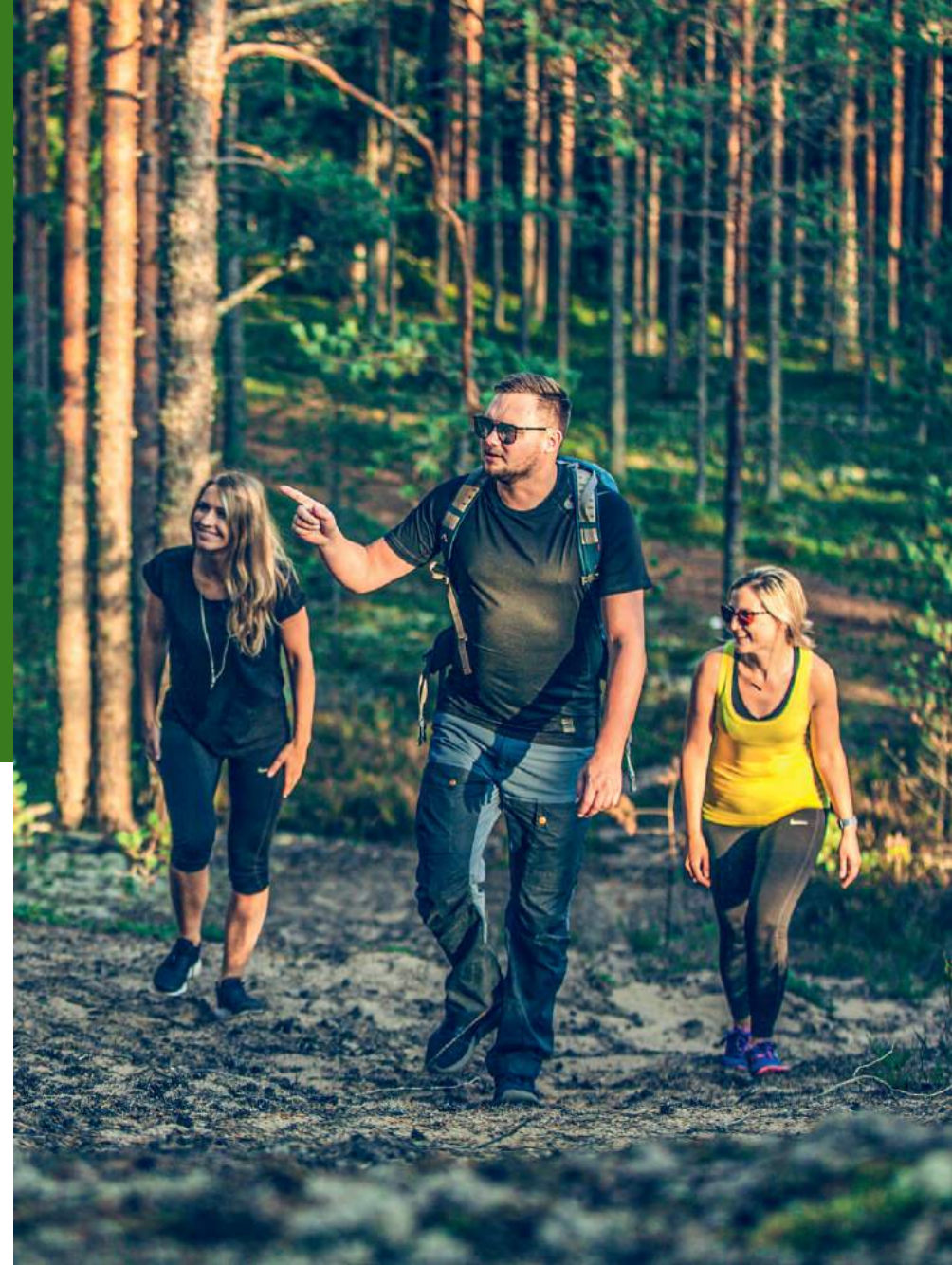
Reservation: renarsp@gmail.com

SERVICE PROVIDERS

27 SMEs from ESTONIA
16 published online

61 SMEs from LATVIA
56 published online

91 PRODUCTS
published online
67 LV, 24 EST



Let's explore Baltic nature!

www.balticnaturetourism.com

 [Baltic Nature Tourism](#)

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